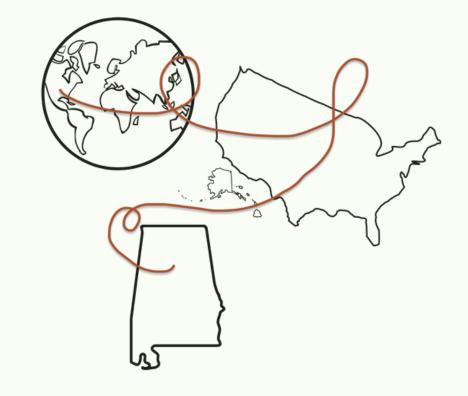


GREATER BIRMINGHAM HEALTHCARE RESOURCES



HEALTH CARE IN THE UNITED STATES

Healthcare can be difficult to navigate in the United States. There a several types of doctors and health facilities you may need to utilize to meet all of your needs.

Primary Health Clinics

A primary care doctor will be your first stop for acute and chronic illness healthcare. If you need a specialized doctor, they may refer you to a different clinic. An appointment is typically needed but some do accept walk-ins.

Urgent Care

These clinics are for situations where you have an illness or injury that needs immediate care, but is not serious enough for a visit to the emergency room. You do not need an appointment.

Hospitals

Doctors and clinics refer patients with special problems to the hospital for tests and surgery. Hospital care can be expensive. If you are hospitalized or need a surgery a social worker from the hospital should speak to you to identify what programs and resources you might be eligible for.

Public Health Department

The public health department provides vaccinations for yourself and your school-age children. They can also refer you to other health clinics or to other services that you may need.

Emergency Room

The emergency room is for serious or potentially life-threatening problems. You may encounter long wait times in these places for nonserious issues. Emergency room visits can be expensive. Most Emergency rooms have a social worker on staff that can assist you with identifying resources you may be eligible for. If your health issue isn't serious, it is best to go to a clinic first. No appointment needed.

JEFFERSON COUNTY DEPARTMENT OF HEALTH (JCDH)

Services provided

Pediatrics, Family Planning, Dental, Eye (Service Provided by UAB and housed in Western Health Center) Women and infants services, Social Services, Immunizations (Child & Adult)

Insurance Required: No; Medicaid is accepted

Cost: Sliding Pay scale based on income for Jefferson County Residents

Identification: Requirements vary on service. Must be a resident of Jefferson County, which can be proven by anything with your address on it (power bill, gas bill, water bill, etc.); does not have to be in your name.

Other requirements: Must call to see what you qualify for and where to go for services

Language services: Spanish interpreters on staff (also have French, German, and Portuguese)

Average wait time: Depending on service needed; some services are available for walk-in, others may be 2-3 days to get an appointment

Other: Back to school vaccine clinics with discounted vaccinations for children. Announcements for this made of website and social media.

Hours of Operation: 7:45am to 4:30pm. Phone lines for clinic appointments open at 7:00am Monday through Friday.

Phone: (205) 588-5234, press 7 for interpreter

Website: https://www.jcdh.org/SitePages/Programs-Services/Clinics/Clinics.aspx

LOCATIONS

Central Health Center 1400 Sixth Avenue South

Birmingham, AL 35233

Western Health Center

631 Bessemer Super Hwy Midfield, AL 35228

Eastern Health Center 601 West Blvd Roebuck Birmingham, AL 35206



COOPER GREEN MERCY HEALTH SERVICES

Services provided

Comprehensive health care services, no pediatrics

Insurance Required: None required

Cost: Sliding scale, \$5-80

Identification: Valid driver's license or passport BUT undocumented immigrants are eligible under Payment Plan P

Language services: Language Line Solutions (over phone or via tablet)

Average wait time: 45 days to be an established patient

Hours of Operation: Monday-Friday -8:00 am and 4:00 pm

Phone: (205) 930-3377

Other: Jefferson County resident for 30 days, AL resident 1 year, Proof of income for the past 3 months or most recent tax returns

Location: 1st Floor (Enrollment office), 1515 6th Ave S.

Birmingham, AL, 35233

Website: https://coopergreen.org

CAHABA VALLEY HEALTH CARE

Services provided

Dental, vision

Insurance Required: None required

Cost: Free

Identification: None required

Language services: Spanish speaking staff on-site

Average wait time: 1 week to 1 month to get

appointment

Hours of Operation: Tuesday - Friday, 8:00 am - 5:00

pm

Phone: (205) 918-2108

Other: Must have Cooper Green referral or screening

(screening calendar on website)

Location: 1515 6th Avenue South Birmingham, AL

35233

Website: https://www.cahabavalleyhealthcare.org/

EQUAL ACCESS BIRMINGHAM - UNIVERSITY OF ALABAMA AT BIRMINGHAM (UAB) MEDICAL STUDENT-RUN CLINIC

Services provided

Primary acute and chronic illness healthcare, mental healthcare, physical therapy, occupational therapy, pharmacy, limited specialty clinics yearly

Insurance Required: None required

Cost: Free

Identification: Does not require any form of ID or income verification.

Other requirements: Must be an adult aged 18 or older to be seen

Language services: Interpreter services available, Spanish translation on website

Average wait time: By appointment or walk-in

Hours of Operation:

Wednesdays, 5:00 – 7:30 PM - New patient appointments, walk-ins, and returning patients with acute concerns

Sundays, 12:30 - 5:30 PM - Returning patients; walk-ins and new patients are seen if time allows

Social Work: every Sunday Pharmacy: every other Sunday

<u>Sundays, 12:30 – 3:30 PM</u>: Physical Therapy: every 2nd and 4th Sunday; Occupational Therapy every 4th Sunday

<u>Saturdays, 12:00 – 5:00 PM</u>: Specialty Care Clinics (call for specific dates and specialties offered)

Mental Health Clinic: once per month (205-607-2302- for appointment)

Women's Health Clinic: twice per year Dermatology Clinic: twice per year

Phone: (205) 259-8836- For questions and to set up an appointment

Location: 930 20th Street South Birmingham, AL 35205



THE 1917 CLINIC

Services provided

Primary acute and chronic illness healthcare, mental health, women's health, dental, specialty services for dermatology, endocrine, neurology, and chronic pain care

Insurance required: None required

Cost: Services are discounted based on a sliding-fee schedule

Identification: None, social workers can assist with obtaining appropriate ID if needed, government issued IDs are preferred

Other requirements: Must be person living with HIV/AIDS

Language: Spanish language translation available on website.

Language Line available in clinic with all languages including sign language

Average wait time: 2 week average wait to get an appointment, may vary by specialty

Hours of operation: Monday-Thursday 07:30am- 05:00pm, Friday 07:30am- 03:00pm

Phone: (205) 934-1917, for new patients (205) 996-0155

Location: 3220 5th Avenue South, 2nd floor

Birmingham, AL 35222

Website: https://www.uab.edu/medicine/1917clinic/en/patient-resources

M-POWER MINISTRIES

Services provided

Acute illness healthcare for uninsured adults (19 years to 64) and free medications if patient qualifies

Insurance Required: None required

Cost: Free

Identification: Picture ID. If a patient does not have a picture ID they will still be seen and asked to bring ID to next visit.

Other requirements: Must bring proof of household income. Income must be 300% or less of the Federal Poverty Level, Letter of Support is acceptable for proof of income.

Language services: Spanish Interpreter on-site

Average wait time: Walk-in Clinic, patients must be present by 3:45 PM to register. Please call prior to coming for COVID-19 operations changes.

Hours of Operation: Acute Clinic: Tuesday & Thursdays.. Checkin is from 3:00pm-3:30pm

Caring Clinic: Monday and Wednesday 08:00 am -1:00 pm, by appointment only, continuation of care for previously seen Acute clinic patients.

Phone: (205) 595-5959, option 1

Other: Masks must be worn

Location: 4022 4th Avenue South, Birmingham, Alabama 35222

Website: Health Center | M-POWER (mpowerministries.org)

UNIVERSITY OF ALABAMA (UAB) NURSE-FAMILY PARTNERSHIP

Services provided

Maternity support during pregnancy and up to 2nd birthday of child. Home visits in the weeks leading up to birth, once a week for 6 weeks after birth, and then bi-weekly thereafter until child's 2nd birthday. Scheduling modifiable if needed.

Insurance Required: None required

Cost: Free

Identification: None required

Other requirements: Mothers are required to be first time parents in Jefferson County and enroll before 29 weeks, but in Walker, Winston, Fayette, Marion, and Lamar counties mothers are eligible no matter how many previous children they have and can enroll up until the day of delivery.

Language services: Bilingual staff members, printed resources in Spanish

Average wait time: 3-5 weeks but may have wait list due to demand

Hours of Operation: Not applicable

Phone: (205) 597-3741

Other: Will help with referrals if needed. They do not provide

transportation.

Website: https://www.uab.edu/nursing/home/clinical-global-partnerships/clinical-partnerships/nurse-family-partnership

RED CRESCENT CLINIC OF ALABAMA

Services provided

Primary acute and chronic illness healthcare

Insurance Required: None required

Cost: Free; \$15.00 for labs

Identification: Any official government ID.

Other requirements: Must bring proof of household income. Income must be 300% or less of the Federal Poverty Level, Letter of Support is acceptable for proof of income.

Language services: Available, but varies by day

Average wait time: 2 weeks

Hours of Operation: Every Sunday from 2 pm to 6 pm

(except holidays)

Phone: (205) 879-4247, option 4

Other: Masks must be worn

Location: 2524 Hackberry Lane, Hoover, AL 35226

Website: http://www.redcrescentalabama.org/

UNIVERSITY OF ALABAMA (UAB) MATERNITY CLINIC AT THE JCHD CLINICS

Services provided

Full Prenatal care, free vitamins

Insurance needed: No; Medicaid is accepted

Cost: Pay per appointment

Identification: Any type of photo ID or something with your name on it like a bill. No social security number required to receive care.

Other requirements: ** DO NOT have to be a Jefferson County resident**, proof of pregnancy (urine or blood test) you can get done there if needed

Language: Spanish interpreters on staff

Average wait time: 1-2 weeks from pregnancy confirmation

Hours of operation: Monday- Friday: 8am-4pm

Other: They can assist you with signing up for emergency Medicaid for delivery only that will work at any area hospital

Located within Jefferson County Health Center buildings

Central Health Center

1400 Sixth Avenue South Birmingham, AL 35233 Phone: (205) 930-1093

Western Health Center

631 Bessemer Super Hwy Midfield, AL 35228

Phone: (205) 715-6188 or (205) 725-6159

Eastern Health Center

601 West Blvd Roebuck Birmingham, AL 35206 Phone: (205) 510-3406

Blount County Health Department

1001 Lincoln Avenue Oneonta, AL 35121 Phone: (205) 934-6261 or (205) 934-2171

HER CHOICE (FAMILY PLANNING)

Services provided

Pregnancy Tests, Ultrasounds, Prenatal Vitamins, Parenting Classes in Spanish, Referrals to Alabama Regional Medical Services (ARMS)

Insurance Required: None required

Cost: Free

Identification: None required, but it is preferred. If you do not have a picture ID they will take a picture and have you sign it to confirm identity.

Other requirements: Women who are pregnant or think they could be pregnant.

Language services: Onsite Interpreter on Wednesdays, If Spanish speaking patients call for an appointment, they will get a call back from interpreter for intake and appointment.

Average wait time: For appointment from first missed period 1-2 weeks for pregnancy test to confirm. If at least 8 weeks out from missed period appointment within 1 week for ultrasound and other services if needed.

Hours of operation: Monday-Thursday: 9:00AM – 4:30PM Friday: 9:00AM – 12:00PM

Other: Opportunity to attend parenting classes in Spanish. Attendance earns "mommy money" for items for mom and baby from their store.

Phone: (205) 252-0706

Location: 2120 7th Avenue South, Birmingham, AL 35233

Website: https://herchoicebirmingham.org/

CHRIST HEALTH CENTER

Services provided

Primary care (acute and chronic illness), pediatric, dental, mental health, women's health and obstetrics, vision, pharmacy

Insurance Required: None required

Cost: Sliding scale based on income; Proof of income encouraged

Identification: Does not require any form of identification.

Other: The Center can assist in gathering proof of income documents. The cost is \$100 if no proof of income is provided. Letter of Support from supporting organization is sufficient for proof of income.

Language services: Interpreters available either in-person of via phone call.

Average wait time: Call for appointment, but Woodlawn location offers same-day appointments for urgent needs and has extended hours on Wednesdays for their Quick Sick Clinic from 2:00-6:00PM.

Website: https://christhealthcenter.org/

Woodlawn

Medical: (205) 380-9455 Dental: (205) 380-9446 Monday - Friday 7:45AM -5:00PM 5720 1st Avenue South Birmingham, AL 35212

Live Oaks

(205) 972-0264 Monday - Friday 7:45AM -5:00PM 5804 1st Avenue South Birmingham, AL 35212

Pharmacy

(205) 380-9450 Monday - Friday 8:30am-12:30pm; (Closed for Lunch); 1:30-5:30pm 5804 1st Avenue South Birmingham, AL 35212

Chalkville

(205) 838-6000 Monday - Friday 7:45AM -5:00PM 2152 Old Springville Rd Birmingham, AL 35215



FAMILY GUIDANCE CENTER OF ALABAMA: FAMILY SERVICE CENTER OF JEFFERSON COUNTY

Services provided

Individual, couples, and family counseling; Parenting Classes

Insurance Required: None required

Cost: Free

Identification: Does not require any form of ID or income verification

Other requirements: Jefferson County residents preferred, Counseling will see Shelby County residents on a case-by-case basis. Parenting classes are open to Jefferson and Shelby County residents.

Language services: No onsite interpreters, interpreter services can be arranged as needed for counseling sessions or parenting classes.

Average wait time: 1-2 weeks to get an appointment once intake form is completed.

Hours of Operation: by appointment

Phone: 205-945-6000

Other: Intake form can be emailed or completed onsite. Counseling sessions can take place in person, over the phone, or via zoom. Parenting classes vary with in person or over the phone options. Call for further information.

Location: 234 Aquarius Drive, Suite 118, Birmingham, Alabama 35209

Website: www.familyguidancecenter.org

CAHABA MEDICAL CARE

Services provided

Primary Care, Family Medicine for Adults & Kids, Prenatal Care & Women's Health (OBGYN), Mental Health Counseling, Chronic Illness Management, Dental care, and more

Insurance needed: Accepts Medicaid, Medicare, all other insurances, and those without insurance

Cost: Uninsured patients pay according to an income-based sliding fee scale (discount program)

Identification: Photo identification from any country

Language: Over 200 languages are available via video interpretation. Patients can request an interpreter by calling or upon arriving at the clinic. Some bilingual staff at most locations.

Average wait time: Varies by location

Hours of operation: Monday- Friday: 8am-5pm (closed for lunch from 12:30pm-1:30pm)

Phone: 877-926-2992

Locations: 25 locations across Jefferson, Shelby, Bibb, Perry, Chilton, and Wilcox Counties (see http://www.cahabamedicalcare.com/locations)

Website: <u>www.cahabamedicalcare.com</u> (can translate to other languages using the translator tool in the top left corner)

COMMUNITY OF HOPE HEALTH CLINIC

Services provided:

Primary care

Insurance needed: Must not have insurance

Cost: Free, but donations are accepted

Identification: A picture ID is preferred even if it's expired. Other legal documents that show name AND date of birth can also be accepted.

Other requirements:

- **1)** Proof of income (acceptable proofs include: tax documents for the previous year, pay stubs for 1 month, notarized letter from employer, bank statements. Special circumstances are addressed on a case-by-case basis.
- **2)** Proof of Residency in Shelby Co. (acceptable proofs include any recent utility bill with the patient's name and address on it or a notarized letter from the person that they live with along with a utility bill in that person's name.) Any legal documents showing the patient's name and address can also be used (i.e. food stamp award letter)

Wait Time: A patient application must be completed and submitted along with proof of income and residency. Once an application and documents are received and reviewed, an appointment will be scheduled within 2-4 weeks. Walk-ins are not available.

Language: On-site interpreters

Hours of operation: 3 days per week: Mon-Tues 9am to 12pm; Thurs 5pm to 8pm.

Phone: (205) 644-8640

Location: 2692 Pelham Pkwy Ste E, Pelham, AL 35124

Website: https://www.communityofhopeclinic.com/



UAB SCHOOL OF DENTISTRY



LUMA DENISTRY SOUTHLAKE/HOOVER

Services provided

General and Specialty Dentistry

Insurance Required: None required

Cost: Fee for Service, first comprehensive appointment starts at \$80 dollars but cost may be more depending on complexity and diagnostics needed

Identification: Photo ID

Language services: Cyracom language line services available on location and for making appointments (114 languages offered). Some patient forms offered in Spanish

Average wait time: First comprehensive care visit will take 3-4 hours to complete

Hours of Operation: Monday-Friday -8:00 am to 4:00 pm

Phone: New patients (205) 934-2700

Other: Come 30 minutes early for the appointment. Children under 14 years cannot be left unattended in the waiting area and children (who are not patients) are not allowed in treatment areas. Bring extra change for parking.

Location: 1919 7th Avenue South, Birmingham, AL 35294

Website: https://www.uab.edu/dentistry/home/patients#general-dentistry-clinics

Services provided

General and Specialty Dental Care

Insurance Required: No, accepts several forms of insurance and care credit offered

Cost: Fee for service. They do offer a Luma Dentistry Plan for \$300 yearly which includes 2 cleaning visits with x-rays and a 20% -50% discount on treatment fees for services such as fillings, crowns, and periodontal disease.

Identification: Preferred, but not required

Language services: Spanish-speaking bilingual staff, Spanish option for patient forms.

Average wait time: Within a week to obtain an appointment, wait time with an appointment is 10-15 minutes, can accept walk-ins but wait times will be longer around 30-45 minutes due to paperwork.

Hours of Operation: Monday - Thursday 7:30 am - 5:00 pm

Phone: (205) 988-5656

Location: 4501 Southlake Parkway, Suite 100 Hoover, AL

35244

Website: https://lumadentistry.com/locations/hoover-southlake/

SARRELL DENTAL-PINSON LOCATION



ALABAMA REGIONAL MEDICAL SERVICES (ARMS)

Services provided

Pediatric Dentistry

Insurance Required: None required, accepts Alabama Medicaid

Cost: Fee for Service

Identification: none required for children, Identification required for adults/caregivers.

Language services: Spanish language form on website for appointment requests, Spanish patient forms on site, language line interpreter service provided if needed

Average wait time: 1 week to get appointment, average appointment length is 30-45 minutes

Hours of Operation: Tuesday & Thursday: 9:00 a.m. – 4:00 p.m.

Phone: (205)462-7332

Other: Lower cost dental services

Location: 6662 AL-75 Suite 114, Pinson, AL 35126

Website: https://www.sarrelldental.org/locations/pinson

Services provided

Pediatrics, Women's Health, Acute and Chronic Illness care, Vision, Dental, Mental Health, Podiatry, and Pharmacy

Insurance Required: None required, although they do accept insurance and Medicaid

Cost: Sliding scale options available depending on income level. If you do not qualify for sliding scale minimum \$35 for medical visit, \$45 for dental visit.

Identification: ID (any form, can be from native country, birth certificate, etc.) Will not be denied service if you don't have an ID.

Other requirements: For sliding scale need proof of income. Letter of support from ALIRP is accepted for determination of sliding scale eligibility

Language services: Bilingual Spanish speaking staff, Video language translation service available for all languages.

Average wait time: 1 week for most appointments, varies depending on specialty

Hours of Operation: Vary by location, most are open 8-5am, Monday- Friday. Closed on weekends and holidays.

Phone: Phone: 205-407-5600, press 2 for Spanish

Other: Appointments preferred but walk-ins accepted but may need to wait to be seen.

Location: Multiple Locations in Greater Birmingham Area (call to determine one closest to you that provides desired services

Website: ARMS Healthcare (alabamaarms.org)





CONTACT US!

Email: info@alirp.org

Facebook: @alirp.org

Twitter: al_irp

Instagram: al.irp